

GOVERNMENT OF THE DISTRICT OF COLUMBIA
DEPARTMENT OF HEALTH



CHECK OUT HOW YOU CAN START LIVING A HEALTHIER
LIFESTYLE MEET US IN

BOOTH 500

at the NBC4 Health & Fitness Expo
Washington Convention Center
January 18-19, 2003
9:00am – 5:00pm

- Aerobic Workout
- Blood Pressure Screening
- Body Mass Index
- Cholesterol Screening
- Cooking Demonstration
- Dental Screening
- Health Education Information
- HIV/AIDS Testing
- Immunizations
- Lead Screening
- Line Dancing

For more information visit the NBC4 website at
<http://www.nbc4.com/healthandfitnessexpo>